

Diocese of Colorado Springs Respect Life Apostolate



Pro-Life Ministry Resources Guide

May 7, 2025

Table of Contents

1. Pregnancy Testing, Counseling, Housing, and Support	Pages 2 - 3
a. Pregnancy Centers – Colorado Springs, Denver area, Castle Rock, outlying areas	
i. Life Network Pregnancy Centers	
ii. Marisol Health	
iii. Alternatives Pregnancy Center	
iv. Catholic Charities of Central Colorado – Castle Rock	
v. Buena Vista Pregnancy Center	
vi. Salida Pregnancy Resource Center	
b. Maternity Housing – Colorado Springs, Denver area	
i. Mater Filius	
ii. Marisol Homes	
c. Additional Spiritual / Emotional / Material Support	
i. Walking with Moms in Need	
ii. The Gabriel Project	
iii. Family Connections Services – Catholic Charities Central Colorado	
2. Abortion Recovery Support	Page 4
a. In Colorado Springs	
i. Project Rachel	
ii. Life Network – Bridges of Hope	
b. In the Denver area	
i. Rachel’s Vineyard Colorado (www.rvrcolorado.org)	
ii. Silent No More Awareness (www.SilentNoMoreAwareness.org)	
c. Catholic clergy resources / Confessor’s Guide	
i. A Priest’s Guide to Hearing the Confession of Abortion	
ii. The Jericho Plan	
3. Miscarriage and Infant Loss Support	Page 5
a. Heart of My Heart Ministry	
4. Prenatal Diagnoses / Hospice / End of Life Issues	Page 6
a. Teachings of the Church	
b. Support	
c. Legal Documents	
5. Legislative Issues on Life	Page 7
a. Colorado Catholic Conference	
6. Marches for Life	Page 7
a. Colorado Springs – Rocky Mountain March for Life	
b. Denver – Colorado March for Life	
c. National – March for Life in Washington DC	
7. Education	Page 8
a. Pikes Peak Citizens for Life	
b. Respect Life Apostolate	
8. Public Pro-Life Advocacy / Outreach	Page 9
a. Sidewalk Advocates for Life	
b. 40 Days for Life	

Pregnancy Testing, Counseling, Housing, and Support

Please refer anyone seeking support, with a confirmed or suspected pregnancy, to one or more of these ministries:

1. If in need of a pregnancy test, pregnancy counseling, STD testing, and/or material resources:

a. In Colorado Springs:

i. Life Network Pregnancy Centers (www.elifenetwork.com):

1. Galley Rd. (near the Citadel Mall)
 - a. 3700 Galley Road, Colorado Springs, CO 80909
 - b. Call 719.591.2724
2. West side
 - a. 3925 N. Centennial Blvd., Colorado Springs, CO 80907
 - b. Call 719.623.2870
3. Fountain
 - a. 97 Widefield Blvd., Colorado Springs, CO 80911
 - b. Call 719.591.5221
4. Falcon
 - a. 7165 Meridian Road, Peyton, CO 80831
 - b. Call 719.623.2488

b. In the Denver area:

i. Marisol Health (<https://ccdenver.org/marisol-health/>)

1. Denver
 - a. 3894 Olive Street, Denver, CO
 - b. Call 303.731.6130 or 303.320.8352

ii. Alternatives Pregnancy Center (<https://YouHaveAlternatives.org>)

1. Englewood
 - a. 23 Inverness Way East, Ste. 101B, Englewood, CO
2. Aurora
 - a. 14221 E. 4th Ave., #330, Aurora, CO
3. Contact for both:
 - a. Call 303.295.2288 (24 hr. Helpline)
 - b. Email Mail@YouHaveAlternatives.org

c. In Castle Rock:

i. Catholic Charities of Central Colorado – Castle Rock
(www.ccharitiescc.org/castle-rock-office)

1. 410 S. Wilcox St., #102, Castle Rock, CO
 - a. Call 720.215.4521
 - b. Email croffice@ccharitiescc.org

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Pregnancy Testing, Counseling, Housing, and Support

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d. In Buena Vista:

- i. Buena Vista Pregnancy Center (<https://www.bvlifechoices.com/>)
 - 1. 28350 C.R. 317 Suite #12, Buena Vista, CO 81211
 - a. Call 719.395.6703
 - b. 24/7 Hotline 800.712.HELP (4357)

e. In Salida

- i. Salida Pregnancy Resource Center (<https://www.salidapregnancycenter.com/>)
 - 1. 215 E. 3rd Street, Salida, CO 81201
 - a. Call 719.539.7436
 - b. 24/7 Hotline 800.712.HELP (4357)

2. If pregnant and in need of housing (for the expectant mother and for any other children):

a. In Colorado Springs:

- i. Mater Filius (<https://materfiliuscs.org>)
 - 1. 8773 Scarborough Drive, Colorado Springs, CO 80920
 - a. Call 719.900.2801
 - b. Email Info@MaterFiliusCS.org

b. In the Denver area:

- i. Marisol Homes
 - 1. Contact: <https://ccdenver.org/marisol-homes/>

3. If pregnant or parenting and in need of spiritual or emotional support, or help accessing material resources:

- a. Walking with Moms in Need (<https://www.diocs.org/Pastoral-Services/Respect-Life-Apostolate/Walking-with-Moms-in-Need/I-am-a-Pregnant-Woman-in-Need>)
 - i. Call or text 720.819.6735
- b. Family Connections Services is a Catholic Charities Central Colorado ministry that engages with families experiencing poverty, social isolation, and housing instability in a strength-based relational model to help them with their unique needs and goals, walking with clients from crisis and vulnerability to safe, stable, and thriving families. (<https://www.ccharitiescc.org/get-help/family-services/>)
 - i. 917 E. Moreno Ave., Colorado Springs, CO 80903
 - ii. 601 S. Institute, Colorado Springs, CO 80903 (Family Learning Center)
 - 1. Appointments required. Call 719.578.1222

Abortion Recovery Support

Please refer anyone seeking post abortion healing, counseling, or support to one or more of these ministries:

1. In Colorado Springs:

- a. Project Rachel (www.hopeafterabortion.com)
 - i. Call or text 719.203.8112 – Project Rachel Helpline
 - ii. Call or text 719.866.6544 – Rhonda Miller, Project Rachel Director
- b. Life Network – Bridges of Hope (<https://www.elifenetwork.com/outreaches/bridges-of-hope/>)
 - i. Call 719.355.1177
 - ii. Email boh@elifenetwork.com

2. In the Denver area:

- a. Rachel's Vineyard Colorado (www.rvrcolorado.org)
 - i. Call/text Lori Frank 303.904.7414 or email lfrank.rvr@gmail.com
 - ii. Call/text Pam Garcia 720.936.0953 or email pammysbutterfly@gmail.com
- b. Silent No More Awareness (www.SilentNoMoreAwareness.org)

3. Catholic clergy resources / Confessor's Guide

- a. A Priest's Guide to Hearing the Confession of Abortion
 - i. Available from Project Rachel (www.hopeafterabortion.com)
- b. The Jericho Plan: Breaking Down the Walls Which Prevent Post-Abortion Healing by David C. Reardon
 - i. Available for all priests from the Diocese of Colorado Springs, Office of Respect Life

Miscarriage and Infant Loss Support

Please refer anyone seeking healing from miscarriage and infant loss, including miscarriage delivery aids*, Memorial Masses, burial, cremation, counseling, infertility and prenatal diagnoses, and support to:

1. Heart of My Heart Miscarriage and Infant Loss Support Ministry

(<https://www.diocs.org/Offices/Respect-Life-Apostolate/Miscarriage-and-Infant-Loss-Support>)

- a. Contact: please fill out a contact form at <https://heartofmyheart.org/welcome/contact-us/>**
- b. Support available:**
 - i. Miscarriage Delivery Aids**
 - 1. When a miscarriage occurs at home, a delivery aid, made up of a few ordinary items can help you recover your child's remains for a reverent burial.**
 - 2. Miscarriage delivery aids are available to be kept in stock at all parish offices for women currently experiencing a miscarriage who need them quickly. Please ask your parish Respect Life Coordinator to obtain some or contact Julie Bailey at the Diocesan Respect Life Apostolate office.**
 - a. Call 719.866.6478**
 - b. Email jbailey@diocs.org**
 - ii. Burial and Cremation**
 - 1. Burial gowns, tiny caskets, and local cemetery and columbaria information.**
 - iii. Memorial Masses**
 - 1. Annually on September 15th, the Solemnity of the Seven Sorrows of Mary.**
 - 2. Feast of the Holy Innocents Masses celebrated annually on December 28th**
 - iv. "Is My Baby in Heaven?"**
 - 1. Everything you need to know about the teachings of Mother Church, historically and current, regarding infant and preborn losses, baptism and salvation.**
 - v. Local Counseling Options**
 - 1. The Great Physician wants you to come to Him for healing. Sometimes that means seeking professional counseling, with a genuinely Catholic counselor.**
 - vi. Infertility & Prenatal Diagnoses**
 - 1. Even when bearing the cross of miscarriage, infertility or prenatal diagnoses, there is hope and help available.**

Prenatal Diagnoses / Hospice / End of Life Issues

1. **Teachings of the Catholic Church**
 - a. **United States Catholic Conference of Bishops (USCCB) Guidelines:**
 - i. Prenatal diagnoses: <https://www.usccb.org/prenatal-diagnosis>
 - ii. End of life: <https://www.usccb.org/prolife/end-life>
 - b. **Diocese of Colorado Springs – Medical Decisions and End of Life Care:**
(<https://www.diocs.org/Offices/Respect-Life-Apostolate/Church-Teachings/End-of-Life>)
 - i. All Human Life
 - ii. Beginning of Life
 - iii. End of Life
 1. Life Sustaining Treatment
 2. Euthanasia
 3. Physician Assisted Suicide
 4. Death Penalty
2. **Support**
 - a. **Verity's Village provides support for families who receive a life-limiting diagnosis for their babies.** (<https://veritysvillage.com/>)
 - i. From Diagnosis to Delivery
 - ii. From Heartache to Hope
3. **Legal Documents**
 - a. **Catholic Medical Durable Power of Attorney, etc.**
 - i. **Contact Deacon Doug Flinn at the Diocese of Colorado Springs**
 1. Call 719.636.2345
 2. Email dflinn@diocs.org

Legislative Issues on Life

1. Colorado Catholic Conference (CCC) (www.cocatholic.org)
 - a. "The Colorado Catholic Conference is the united voice of the Catholic bishops and serves to uphold the dignity of human life and the common good in public policy. The Colorado bishops affirm that sanctity of life is the preeminent issue concerning the Church in Colorado, especially concerning lives of preborn children, and continue to advocate against abortion and for life-affirming policy, as well as support thousands of mothers, children, and families annually. Human life must be protected at all stages, from conception until natural death."
 - i. Bishop's Letters
 - ii. Conference Statements & Testimony
 - iii. Legislative Bills & Analysis
 - b. Contact:
 - i. 1535 Logan Street, Denver, CO 80203
 - ii. Call 303.894.8808
 - iii. Email ccc@cocatholic.org

Marches for Life

1. Colorado Springs – Rocky Mountain March for Life
 - a. Sponsored by the St. Mary's High School Students for Life and the Respect Life Apostolate on MLK Jr. Day in January every year.
 - b. Prayer and speakers beginning at 9:00am at the sidewalk near Planned Parenthood, followed by a Eucharistic procession to Corpus Christi Catholic Church, noon Mass, and lunch.
2. Denver – Colorado March for Life
 - a. Second Friday in April
 - b. Sponsored by March for Life
 - c. Colorado State Capitol
3. National – March for Life in Washington DC (<https://marchforlife.org/>)
 - a. Annually on a Friday near the 22 January Roe v. Wade anniversary

Education

1. Pikes Peak Citizens for Life (www.ppcitizensforlife.org)

a. Mission

- i. To promote, foster, encourage, uphold, and support reverence and respect for human life without regard to condition, age, race, religion, or color, whether born or unborn;
- ii. To educate the community about the dangers of abortion, euthanasia, infanticide, and compulsory sterilization, and also to any other form of repressive or permissive legislation, which would allow the debasement of humankind; and
- iii. To encourage and promote a favorable spiritual, physical, and cultural environment which would improve the quality of life in a manner consistent with the above purposes.

b. Activities

- i. Education
- ii. Monthly Newsletters
- iii. Local Events
- iv. Public Advocacy

c. Contact

- i. Call 719.630.1999
- ii. Submit online form at: <https://www.ppcitizensforlife.org/contact/>

2. Respect Life Apostolate (<https://www.diocs.org/Offices/Respect-Life-Apostolate/>)

a. Mission

- i. The Diocese of Colorado Springs Respect Life Apostolate organizes and promotes events that foster a greater understanding of the Catholic church's teachings to respect life in all its phases.

b. Contact

- i. Call 719.866.6478

Public Pro-Life Advocacy / Outreach / Counseling / Prayer

1. Sidewalk Advocates for Life (<https://sidewalkadvocates.org/>)
 - a. A peaceful, prayerful, loving and law-abiding sidewalk outreach outside of the local abortion facility.
 - i. Training provided. If interested in volunteering, contact Julie Bailey
 1. Call 410.578.4471
 2. Email jbailey@diocs.org
2. 40 Days for Life (<https://www.40daysforlife.com/en/coloradosprings>)
 - a. An internationally coordinated biannual 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.
 - b. Contact the Colorado Springs local leader: Michele Mason
 1. Email: prolifefamilyof15@gmail.com